

Main Street Memory Café

The Main Street Memory Café is appropriate for people living with mild to moderate stages of dementia & their care partners who enjoy being in a group of people for social engagement

Courageous Conversations with Jennifer Frieswick

Date: Tuesday, November 4th

Time: 1:00pm – 2:30 PM

Location: Google Meet

A thoughtful, uplifting discussion series to share, connect, and grow together across generations. Join us online for an open, heartfelt dialogue that encourages connection & reflection.

Art & Mind: Memory Boxes

Cost: Free – RSVP

Date: Monday, November 10th

Time: 1:00pm – 2:30pm

Location: Lindenwood – Hyland Arena VIP Room

209 S Kingshighway St, St Charles, MO 6330

Join us for a meaningful and creative Art & Mind session as we partner with Lindenwood University students to create personalized Memory Boxes. This hands-on activity encourages reflection, storytelling, and connection as we decorate keepsake boxes to hold treasured memories and mementos. No artistic experience needed—just bring your creativity and heart!

Gingerbread Village Making Party

Cost: Free – RSVP

Date: Tuesday, November 18th

Time: 2:00pm – 3:30pm

Location: Foundry Art Centre

520 N. Main Center St. Charles, MO 63301

Step into the sweet spirit of the season at our Gingerbread Village Making Party! Build and decorate your very own festive gingerbread house while enjoying laughter and warm company. All supplies are provided—just bring your creativity and holiday cheer!

Thanksgiving Meal with Students

Cost: Free – RSVP

Date: Monday, November 24th

Time: 1:00pm – 2:30pm

Location: Lindenwood – Hyland Arena VIP Room

209 S Kingshighway St, St Charles, MO 6330

Join us for a heartwarming Thanksgiving celebration hosted by Lindenwood University students! Enjoy a delicious holiday meal, warm conversation, and a special time of gratitude and connection across generations. Come share the spirit of thankfulness, friendship, and community!